

## Coaching Client Intake Form

Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Preferred means of Communication: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Preferred Coaching Schedule: (day of week, time of day) \_\_\_\_\_

Important people in my life (spouse, parents, children, friends, etc) \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Life coaching means many things to many people. Please answer the following questions to help me as your coach understand a bit about your past present and future.

What has brought you to coaching at this time? \_\_\_\_\_

What are the goals you have for coaching? \_\_\_\_\_

What areas of life are a focus for you? \_\_\_\_\_

Explain your main roles and responsibilities day to day (special relationships, duties interests)

---

---

---

What do you feel I need to know about you?

---

---

---

---

---